



## About Us



Chest, Heart & Stroke Scotland aims to improve the quality of life for people in Scotland affected by chest, heart and stroke illnesses through medical research, advice & information and support in the community.

### Chest, Heart & Stroke Scotland

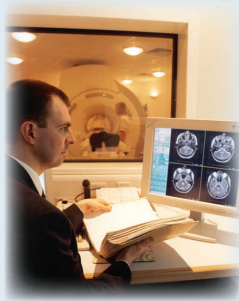
is Scotland's leading health charity fighting:

- Coronary Heart Disease** - our biggest killer
- Stroke** - the biggest cause of disability
- Chest Illness** - the biggest use of the NHS

### FACTS AND FIGURES

- Every day in Scotland, 216 people under 75 are admitted to hospital with heart disease or stroke\*.
- 495 people under 45 have a stroke each year\*.
- More women die from strokes than breast cancer.

We fund research, worth more than £1 million, into all aspects of prevention, diagnosis, treatment and rehabilitation of chest, heart and stroke conditions.



\* Figures courtesy of NHS ISD (Information & Statistics) Scotland

## Where the Money Goes

Our **Volunteer Stroke Service** has over 80 support groups throughout the country to provide a range of services which meet the needs of people who have difficulties following a stroke. While our 30 plus **Cardiac Support Groups** provide mutual self-help, support and information to people recovering from cardiac surgery or other heart problems



Our pioneering **Heart Failure Volunteer Service**, providing support to heart failure patients who have been discharged back into the community.

We also provide **Stroke & Heart Nurses** who help patients make a smooth transition from hospital back home, fostering independence for both patients and carers.

While our **Advice Line** offers confidential, professional advice from trained nurses on all aspects of chest, heart and stroke illness. This is backed up by free booklets, fact sheets and videos available to patients and carers.

**Every penny raised by  
Chest, Heart & Stroke Scotland  
is spent in Scotland.**

## Sending in your Sponsorship Money

### Events run by Chest, Heart & Stroke Scotland:

Full minimum sponsorship must be brought on the day of the event. This may take the form of a post dated cheque (for one month after the date of the event) to allow you to gather your sponsorship. Any additional sponsorship may of course, be sent in later.

### Other Events:

Unless otherwise agreed, once you have completed the activity please forward the full balance of sponsorship you have raised, in the form of a cheque (payable to **Chest, Heart & Stroke Scotland**) to the office closest to you.

**Please include all sponsorship forms used.**

#### Head Office

65 North Castle Street  
Edinburgh  
EH2 3LT  
Tel: 0131 225 4800

#### Glasgow Office

103 Clarkston Road  
Glasgow  
G44 3BL  
Tel: 0141 633 1666

#### Inverness Office

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[www.chss.org.uk](http://www.chss.org.uk)